

MCPS Annual Retreat

with Senior Dharma Teachers Larry Ward and Peggy Rowe-Ward



April 9th - 15th 2018

Camp Indianola, on the Kitsap Peninsula

Dr. Peggy Rowe-Ward and **Dr. Larry Ward**, senior dharma teachers ordained by Ven. Thich Nhat Hanh, are the leading proponents of Engaged Buddhism in the United States. Deeply inspired by Dr. Martin Luther King Jr. and Ven. Thich Nhat Hanh, they have committed their lives to non-violent social change, healing, and transformation at all levels, from individuals & communities to the global scale.

Registration opens January 10th
please visit mindfulnesspugetsound.org for details.



2018 Annual Retreat Theme

Crossing the Mercy Bridge: Thirty-Three Thousand faces of Compassion

Join Senior Dharma Teachers Peggy Rowe-Ward and Larry Ward, in the tradition of Thich Nhat Hanh, in a retreat that invites us to deepen our understanding and embodiment of compassion. At this moment of spiritual crisis our world is contending with an abundance of energies swirling within us and around us. These energies need to touch and be touched by the wisdom and action of deep compassion in order to bear good fruit.

The Buddhist Bodhisattva of Compassion is heralded by many names, Kannon in Japanese, Guānyīn in Chinese, Avalokitêśvara in both Sanskrit / Pali languages, Gwaneum in Korean, Chen re zi in Tibetan and in English the Goddess of Mercy & Compassion. Often depicted as male and female, dark and light, young and old, animal and human showing this Bodhisattva's transcendence beyond appearances.

During this retreat, we will look deeply into the many faces of compassion open to us as we cross the mercy bridge. The mercy bridge is the opening to release our conditioning watering roots of our present suffering as self and society. When we can cross, the mercy bridge the arrival of deep compassion's restorative and potent powers of skillful means becomes available to us.

We will enhance our skillfulness in perceiving the "Sounds of the World", the cries of sentient beings who need help. We will engage in practices that help unwind our internal knots blocking our release of the five fears. We will celebrate lives of compassionate ones who have gone before us and ask our selves what is our calling.